

NEW

2023



BRAT WEEKLY EVENTS

**Every Wednesday from 1st Feb
11am-12.30pm**

Followed by \$3 veggie lunch 12.30pm

Bookings for lunch essential ring 9302 2131

Wednesday

1st week
of each
month

Meet other locals, have a cup of tea and a chat about what good and what's not going so well so in the Broadmeadows/Dallas area. See if we can work together and create ideas for change.



Wednesday

2nd week
of each
month

Learn about a local organisation, perhaps a service you may not know about.

- 8 Feb: Housing for the Aged Action Group (HAAG) information and support to older people at risk of homelessness.
- 8 Mar: Heart foundation, Ambulance Victoria & Monash Uni - Your Heart Matters, learn the warning signs of heart attack.
- 12 Apr: Break for School Holidays



Wednesday

3rd week
of each
month

Play a game with others or do something crafty, learn a new skill or do some drawing or mindful colouring together.



Wednesday

4th week
of each
month

Learn from a local, someone from our local community will volunteer time to share their skill or knowledge.

- 22 Feb: Grow some herbs from seeds
- 22 Mar: Make a bag from an old t-shirt
- 26 Apr: TBA



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