

BROADMEADOWS RESIDENTIAL ADVISORY TEAM (BRAT) SERVICES

BRAT provides assistance with housing issues, bills, advocacy, referrals and more. BRAT also runs community events and forums that focus on information and awareness raising around topics of community interest. New members always welcome.

Email: brat.residents@gmail.com

Mobile: 0459 310 754

Landline: (03) 9302 2131

FOOD PARCEL PROGRAMS

Open to local residents who hold a Health Care Card, Pension Card or ImmiCard. Halal friendly.

\$10

@ 180 - 182 Widford St, Broadmeadows Tuesday **9.30am to 11am**

@ 22 Calivil Street, Dallas Tuesday **12pm to 1pm**



UPCOMING EVENTS

Friday 22 September 2023 Morning Melodies - Buble & Friends Show 9:30am - 11:30am

Saturday 28 October 2023 Craft Party 1pm - 3pm

Wednesday 8 November 2023 Musical Fun Times - Elvis Musical \$160 book by 10/09/23

Wednesday 15 November 2023 Musical Fun Times - Moulin Rouge \$100 book by 01/10/23

Wednesday 6 December 2023 Musical Fun Times - Mama Mia \$100 book by 1/11/23

DNH COURSE LOCATIONS

Dallas Neighbourhood House	180 - 182 Widford Street, Broadmeadows
Campbellfield Heights Primary	Laurel Crescent, Campbellfield
St Dominics Primary	408 Camp Road, Broadmeadows
Meadows Primary	41 Gerbert Street, Broadmeadows
Roxburgh Rise Primary School	35-39 Lockwood Dr, Roxburgh Park VIC 3064
Broadmeadows Valley Primary	Dimboola Road, Broadmeadows
Holy Child Primary	227 Blair Street, Dallas



Dallas Neighbourhood House.

Term 4 2023 Course Guide

Working together with the community to create a safe place for everyone to connect, share and learn.



BRAT
BROADMEADOWS
Resident Advisory Team

ENGLISH CLASSES

Basic English

Improve your listening, speaking and writing for everyday life. Suitable for post-beginners @ Dallas Neighbourhood House
Monday & Tuesday / 12.30pm - 3.30pm

Intermediate English

Increase your vocabulary and employability skills. Master your listening, speaking, writing, reading and grammar.
@ Dallas Neighbourhood House - Monday & Tuesday / 9am to 12pm
@ Campbellfield Heights Primary - Monday / 9.30am to 12.30pm

English Conversation

Gain the skills and confidence to have everyday conversations in English, such as going to the doctor, talking with your child’s teacher etc.
@ St Dominics Primary - Tuesday / 9.30am to 11.30am

English for Vietnamese speakers

Build the skills and confidence to pursue volunteering, employment and further study opportunities.
@ Dallas Neighbourhood House—Wednesday / 9.30am to 12.30pm

DIGITAL LITERACY

Digital Essentials

Master the basics of everyday technology. We cover emailing, using social media and more.
@ Dallas Neighbourhood House - Wednesday / 1pm to 2.30pm

DIGITAL SKILLS FOR WORKPLACES

Online Communication

Develop digital literacy skills to effectively communicate online with customers and colleagues.
@ St Dominics Primary - Tuesday / 12.30pm to 3pm

Point of Sale for Retail & Hospitality

Upskill or reskill your digital abilities for your current work situation or finding new employment.
@ Campbellfield Heights Primary - Thursday / 10.30am to 1pm

VOCATIONAL CLASSES

Intro to Hospitality

Learn about cooking and the different career opportunities in the Hospitality sector.
@ Holy Child Primary - Thursday / 9.15am to 12.15pm
@ Roxburgh Rise Primary - Tuesday / 11.30am to 2.30pm

Intro to Gardening & Maintenance

This course provides practical skills in home gardening and basic horticulture with a focus on food production.
@ Broadmeadows Valley - Wednesday / 9.30am to 12.30pm
@ Meadows Primary - Thursday / 9.30am to 12.30pm
@ St Dominics Primary - Friday 9.30am - 12.30pm



VOCATIONAL CLASSES CONTINUED

Learn to Sew

Gain sewing skills, including garment construction, as well as improve your English language and numeracy skills.
@ Dallas Neighbourhood House - Thursday / 9.30am to 12.30pm
@ Broadmeadows Valley - Tuesday / 9.30am to 12.30pm

HEALTH & WELLBEING @ Dallas Neighbourhood House

Young at Hearts Exercise group

Join this class and work at your own pace to improve balance, muscle strength and general health and wellbeing.
Wednesday / 10.40am to 11.35am \$5 per class

Coffee, Cake & Bingo

Join us for coffee, cake, friendship and some bingo fun! We’ve got the bingo lingo and a showcase of prizes (grocery items) up for grabs
Tuesday / 11:30am to 1pm \$2 per person

Chair Dance

Join in the fun by sitting or using the aid of a chair to exercise to music.
Monday / 9am to 10am \$2 per class

Crafty Sisters

A fun group that knit and crochet for charity. All materials are free as long as you are making something for the community.
Monday & Thursday / 10am to 12pm

Carpet Bowls

A fun game to make new friends and keep motivated.
Friday / 10am to 12pm \$2 per person

Tai Chi & Stretch

A fun game to make new friends and keep motivated.
Thursday / 12:30pm to 1:30pm \$2 per person

SOCIAL GROUPS @ Dallas Neighbourhood House

Spanish Speaking Seniors Group

This group meets weekly for conversation, friendship and social activities. Enjoy catching up over lunch and speaking Spanish.
Wednesday / 9.30am to 2.30pm

Turkish Women's Group

This group is for Turkish speaking women of all ages. Share conversation, food, craft and get information in your own language.
Monday / 12.30pm to 3pm

Turkish Choir

Enjoy the health and social benefits associated with singing with this all Turkish choir.
Thursday / 7pm to 9pm

\$3 Community Home Cooked Lunch

Join us in sharing a home cooked meal and meet new people without blowing the budget.
Wednesday / 12:30pm to 1:30pm Bookings Essential: 9302 2131

