

SOCIAL GROUPS continued

Turkish Women's Group

Share conversation, food, craft and get information in your own language.

Monday / 12.30pm to 3pm

Turkish Dance Group

Tuesday / 7pm to 9pm

Turkish Choir

Thursday / 7pm to 9pm

FREE Morning Tea & Chat

Tuesday / 9.30am to 11.00am

FOOD PARCEL PROGRAMS

Open to local residents who hold a Health Care Card, Pension Card or ImmiCard.
Halal friendly.

@ 180 - 182 Widford St, Broadmeadows Tuesday 9.30am to 11am \$10

@ 22 Calivil St, Broadmeadows Tuesday 12pm - 1pm \$10

BROADMEADOWS RESIDENTIAL ADVISORY TEAM (BRAT)

BRAT provides assistance with housing issues, bills, advocacy, referrals and more. BRAT also runs community events and forums that focus on information and awareness raising around topics of community interest. New members always welcome.

Email: brat.residents@gmail.com OR coordinator@dallasnh.org.au

Mobile: 0459 310 754 **Landline:** (03) 9302 2131

Address: 180 - 182 Widford St BROADMEADOWS

UPCOMING EVENTS 2024

Thursday 18 April	Out & About - Portarlington By Ferry
Thursday 25 April	DNH Office Closed - ANZAC Day
Wednesday 1 May	Musical Fun Times - Wicked
Friday 31 May	Morning Melodies - Brendan Scott
Monday 13 May - 19 May	Neighbourhood House Week
Monday 20 May	National Volunteer Week
Thursday 30 May	Out & About - Ballarat Wildlife Sanctuary
Monday 10 June	Kings Birthday Public Holiday
Wednesday 26 June	Musical Fun Times - Sunset Boulevard
Thursday 27 June	Hygeia Boat Cruise Geelong

DNH COURSE LOCATIONS

Broadmeadows Disability Services	241 Camp Rd, Broadmeadows
Broadmeadows Valley Primary	Dimboola Road, Broadmeadows
Campbellfield Heights Primary	Laurel Crescent, Campbellfield
Dallas Neighbourhood House	180 - 182 Widford Street, Broadmeadows
Holy Child Primary	227 Blair Street, Dallas
Meadows Primary	41 Gerbert Street, Broadmeadows
Roxburgh Rise Primary School	35-39 Lockwood Dr, Roxburgh Park VIC 3064
St Dominics Primary	408 Camp Road, Broadmeadows



Dallas Neighbourhood House.



Term 2 2024 Course Guide

Working together with the community to create a safe place for everyone to connect, share and learn.



ENGLISH CLASSES

Basic English - DNH

Improve your listening, speaking and writing for everyday life. Suitable for post-beginners
Monday 9.00am - 12.00pm **15 April - 24 June**

Intermediate English

Master your listening, speaking, writing, reading and grammar.
@ Dallas Neighbourhood House - Monday / 12.30pm to 3.30pm **15 April - 24 June**
@ Holy Child - Tuesday / 9.30am to 12.30pm **16 April - 18 June**

English for Vietnamese speakers - DNH

Build the skills and confidence to pursue volunteering, employment and further study opportunities.
@ Dallas Neighbourhood House—Wednesday / 9.30am to 12.30pm **17 April - 26 June**

EMPLOYABILITY WITH A DIGITAL COMPONENT

Reception & Administration

Gain basic skills in administration for your current work situation or finding new employment.
@ Campbellfield Heights Primary - Monday / 9.15am to 12.15pm **22 April - 24 June**
@ Dallas Neighbourhood House - Thursday / 9:30am to 12pm **18 April - 13 June**

VOCATIONAL CLASSES

Intro to Gardening & Maintenance

Gain practical skills in home gardening and basic horticulture with a focus on food production.
@ Broadmeadows Valley - Wednesday / 9.30am to 12.30pm **17 April - 19 June**
@ Meadows Primary - Thursday / 9.30am to 12.30pm **18 April - 20 June**
@ St Dominics Primary - Friday 9:30am - 12:30pm **19 April - 21 June**
@ Broadmeadows Disability Services - Monday / 9:30am - 12:30pm **15 April - 24 June**

Intro to Hospitality

Learn about cooking and the different career opportunities in the Hospitality sector.
@ Holy Child Primary - Thursday / 9.15am to 12.15pm **18 April - 13 June**
@ Roxburgh Rise Primary - Tuesday / 11.30am to 2.30pm **16 April - 18 June**

Learn to Sew

Gain sewing skills, including garment construction, as well as improve your English language and numeracy skills.
@ Dallas Neighbourhood House - Thursday / 9.30am to 12.30pm **18 April - 20 June**

DIGITAL LITERACY ESSENTIALS

Basic Digital Skills

Master the basics of everyday technology. Including web browsing, emails and more.
@ Holy Child Primary - Wednesday 9.15am to 12.12pm **17 April - 26 June**

Digital Skills For The Workplace

Enhance your digital skills for the Workplace.
@ Dallas Neighbourhood House - Thursday / 12.30pm to 3pm **18 April - 27 June**

DIGITAL LITERACY ESSENTIALS Continued

Intermediate Digital Skills (Vietnamese Group)

Further develop how to use everyday technology. Including using word, finding jobs etc.
@ Dallas Neighbourhood House - Wednesday / 1pm to 3.30pm **17 April - 27 June**

HEALTH & WELLBEING @ Dallas Neighbourhood House

Young at Hearts Exercise group

Join this class and work at your own pace to improve balance, muscle strength and general health and wellbeing.
Wednesday / 10.30am to 11.30am **\$5 per class**

Coffee, Cake & Bingo

Join us for coffee, cake, friendship and some bingo fun! We've got the bingo lingo and a show-case of prizes (grocery items) up for grabs
Tuesday / 11:30am to 1pm **\$2 per person**

Chair Exercise / Meditation

Join in the fun by sitting or using the aid of a chair to exercise to music.
Monday / 9am to 10am **\$2 per class**

Crafty Sisters

A fun group that knit and crochet for charity. All materials are free as long as you are making something for the community.
Monday & Thursday / 10am to 12pm

Carpet Bowls

A fun game to make new friends and keep motivated.
Friday / 10am to 12pm **\$3.50 per person**

SOCIAL GROUPS @ Dallas Neighbourhood House

Creative Minds For All

Enjoy a program designed to ignite and nurture your creative mind.
Monday / 12.30pm to 3.00pm **\$5 per session** (Free for concession card holders) **22 April**

Cooking For All

Learn essential cooking techniques and culinary skills in a commercial kitchen.
Friday / 9.30am to 12pm **19 April**

Chat & Craft

This group meets weekly for conversation, friendship and craft work.
Thursday / 10.00am to 12.00pm

Spanish Speaking Seniors Group

Enjoy conversation, friendship and social activities. Enjoy catching up over lunch and speaking Spanish.
Wednesday / 9.30am to 2.30pm

\$3 Community Home Cooked Lunch

Join us in sharing a home cooked meal and meet new people without blowing the budget.
Wednesday / 12:30pm to 1:30pm
Bookings Essential: 9302 2131

